

SZR Intro to Long Course - 14/03/2026

Psych Sheet

Event 1 Mixed 200 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Proudman, Evelyn	W12	SZRWN	2:55.02
2	Cumming, Zoe	W12	SZRWN	3:06.22
3	Saunders Dance, Campbell	M14	SZRWN	NT
4	Prior, Manka	W10	SZRWN	NT
5	Wang, Welly	M11	SZRWN	NT

Event 2 Mixed 50 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Tan, Alex	M13	SZRWN	39.39
2	Tucker, Maximus	M10	SZRWN	44.47
3	Wen, Joe	M12	SZRWN	44.85
4	Tan, Adam	M12	SZRWN	51.55
5	Zuo, Jessie	W11	SZRWN	55.31
6	Wang, Welly	M11	SZRWN	58.10
7	Skinner, Mitchell	M10	SZRWN	58.32
8	Zhong, Ethan	M9	SZRWN	NT
9	Willard, Emily	W9	SZRWN	NT
10	Somerville, Scarlett	W10	SZRWN	NT
11	South, Willa	W10	SZRWN	NT
12	Falconer, Lottie	W9	SZRWN	NT
13	Harrison Potter, Victoria	W10	SZRWN	NT
14	Poskitt, Sophie	W13	SZRWN	NT
15	Li, Mandy	W10	SZRWN	NT
16	Nijmeijer, Emily	W11	SZRWN	NT
17	Munro, Penny	W9	SZRWN	NT
18	Bancroft, Vivienne	W11	SZRWN	NT

Event 3 Mixed 100 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Packer, Baylee	M13	SZRWN	1:13.10
2	Tan, Alex	M13	SZRWN	1:19.22
3	Slee, Tristan	M15	SZRWN	1:21.24
4	Gee, Kora	W13	SZRWN	1:23.35
5	Chung, Ella	W11	SZRWN	1:23.94
6	Tucker, Maximus	M10	SZRWN	1:27.36
7	Poskitt, Sophie	W13	SZRWN	1:28.52
8	Bancroft, Vivienne	W11	SZRWN	1:31.84
9	Morwood, Theo	M10	SZRWN	1:40.12
10	Hawkins, Madi	W11	SZRWN	NT
11	Willard, Emily	W9	SZRWN	NT
12	Ufferhardt, Dana	W14	SZRWN	NT
13	Wright, Archie	M10	SZRWN	NT
14	Proudman, Hugo	M10	SZRWN	NT
15	Li, Mandy	W10	SZRWN	NT
16	McLay, Leela	W12	SZRWN	NT
17	Shaw, Tommy	M9	SZRWN	NT
18	Owens, Jack	M12	SZRWN	NT

Event 4 Mixed 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Ufferhardt, Dana	W14	SZRWN	48.30
2	Tan, Alex	M13	SZRWN	48.67
3	Huang, Ryan	M11	SZRWN	49.56
4	Packer, Baylee	M13	SZRWN	51.07
5	Wen, Joe	M12	SZRWN	51.19
6	Tucker, Maximus	M10	SZRWN	51.58

7	Zhong, Ethan	M9	SZRWN	52.27
8	Slee, Teddy	M13	SZRWN	53.91
9	Tan, Adam	M12	SZRWN	54.10
10	Jacomb, Amy	W10	SZRWN	54.90
11	Sun, Cici	W10	SZRWN	56.99
12	Zuo, Jessie	W11	SZRWN	58.30
13	Skinner, Mitchell	M10	SZRWN	1:00.18
14	Bancroft, Vivienne	W11	SZRWN	1:00.68
15	Zhou, Samuel	M9	SZRWN	1:00.82
16	Wright, Archie	M10	SZRWN	1:03.14
17	Stevenson, Ada	W10	SZRWN	1:03.51
18	Huang, Reese	W8	SZRWN	1:24.11
19	Hawkins, Madi	W11	SZRWN	NT
20	Barlow, Karolina	W10	SZRWN	NT
21	South, Willa	W10	SZRWN	NT
22	Harrison Potter, Victoria	W10	SZRWN	NT
23	Tan, Ava	W8	SZRWN	NT
24	Nijmeijer, Emily	W11	SZRWN	NT
25	Kim, Jamie	M8	SZRWN	NT
26	Falconer, Lucia	W11	SZRWN	NT
27	Owens, Jack	M12	SZRWN	NT
28	Nash, Rosie	W11	SZRWN	NT

Event 5 Mixed 100 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Cumming, Zoe	W12	SZRWN	1:44.49
2	Wang, Welly	M11	SZRWN	NT

Event 6 Mixed 50 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Gee, Kora	W13	SZRWN	43.65
2	Wen, Joe	M12	SZRWN	44.76
3	Huang, Ryan	M11	SZRWN	45.99
4	Poskitt, Sophie	W13	SZRWN	47.84
5	Nijmeijer, Emily	W11	SZRWN	47.85
6	Tan, Adam	M12	SZRWN	50.37
7	Bancroft, Vivienne	W11	SZRWN	54.37
8	Proudman, Hugo	M10	SZRWN	55.54
9	Morwood, Theo	M10	SZRWN	58.36
10	Addley, Layney	W12	SZRWN	59.66
11	Zhou, Samuel	M9	SZRWN	1:00.71
12	Shaw, Tommy	M9	SZRWN	1:02.08
13	Morwood, Taj	M8	SZRWN	1:05.03
14	Mahoney, Flynn	M9	SZRWN	1:32.50
15	Hawkins, Madi	W11	SZRWN	NT
16	Tan, Sky	M11	SZRWN	NT
17	Barlow, Karolina	W10	SZRWN	NT
18	Zhong, Ethan	M9	SZRWN	NT
19	Willard, Emily	W9	SZRWN	NT
20	Morwood, Jay	M6	SZRWN	NT
21	Somerville, Scarlett	W10	SZRWN	NT
22	South, Willa	W10	SZRWN	NT
23	Ngaiora, GionPaul	M9	SZRWN	NT
24	Harrison Potter, Victoria	W10	SZRWN	NT
25	Clabburn, Maya	W8	SZRWN	NT
26	Tan, Ava	W8	SZRWN	NT
27	Chung, Ella	W11	SZRWN	NT
28	Proudman, Mabel	W7	SZRWN	NT

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Psych Sheet

Event 6 ... (Mixed 50 LC Meter Backstroke)

Name	Age	Team	Seed Time
29 Martin, Noah	M9	SZRWN	NT
30 Munro, Penny	W9	SZRWN	NT
31 Huang, Reese	W8	SZRWN	NT
32 Owens, Jack	M12	SZRWN	NT
33 Nash, Rosie	W11	SZRWN	NT

Event 7 Mixed 200 LC Meter IM

Name	Age	Team	Seed Time
1 Cumming, Zoe	W12	SZRWN	3:17.04
2 Proudman, Evelyn	W12	SZRWN	3:21.81
3 Saunders Dance, Campbell	M14	SZRWN	NT
4 Prior, Manka	W10	SZRWN	NT

Event 8 Mixed 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Slee, Tristan	M15	SZRWN	1:29.82
2 Zhong, Ethan	M9	SZRWN	1:56.43
3 Huang, Ryan	M11	SZRWN	2:00.77
4 Skinner, Mitchell	M10	SZRWN	NT
5 Wright, Archie	M10	SZRWN	NT
6 Ngaiorae, GionPaul	M9	SZRWN	NT
7 Zhou, Samuel	M9	SZRWN	NT

Event 9 Mixed 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Saunders Dance, Campbell	M14	SZRWN	30.54
2 Packer, Baylee	M13	SZRWN	32.93
3 Tan, Alex	M13	SZRWN	34.77
4 Ufferhardt, Dana	W14	SZRWN	35.87
5 Gee, Kora	W13	SZRWN	36.24
6 Chung, Ella	W11	SZRWN	36.51
7 Wen, Joe	M12	SZRWN	36.56
8 Tucker, Maximus	M10	SZRWN	36.68
9 Poskitt, Sophie	W13	SZRWN	40.39
10 Sun, Cici	W10	SZRWN	40.82
11 McLay, Leela	W12	SZRWN	40.82
12 Jacomb, Amy	W10	SZRWN	41.01
13 Wang, Welly	M11	SZRWN	41.82
14 Wright, Archie	M10	SZRWN	42.35
15 Tan, Sky	M11	SZRWN	42.43
16 Bancroft, Vivienne	W11	SZRWN	42.49
17 Tan, Adam	M12	SZRWN	42.84
18 Nijmeijer, Emily	W11	SZRWN	43.05
19 Slee, Teddy	M13	SZRWN	43.99
20 Hawkins, Madi	W11	SZRWN	44.34
21 Zuo, Jessie	W11	SZRWN	44.98
22 Morwood, Theo	M10	SZRWN	44.99
23 Proudman, Hugo	M10	SZRWN	47.63
24 Zhou, Samuel	M9	SZRWN	48.84
25 Falconer, Lucia	W11	SZRWN	49.05
26 Addley, Layney	W12	SZRWN	50.01
27 Shaw, Tommy	M9	SZRWN	51.78
28 Harrison Potter, Victoria	W10	SZRWN	53.39
29 Tan, Ava	W8	SZRWN	53.56
30 Falconer, Lottie	W9	SZRWN	54.40
31 Stevenson, Ada	W10	SZRWN	55.66

32 Martin, Noah	M9	SZRWN	56.84
33 Ngaiorae, GionPaul	M9	SZRWN	58.96
34 Morwood, Taj	M8	SZRWN	1:01.01
35 Huang, Reese	W8	SZRWN	1:03.58
36 Mahoney, Flynn	M9	SZRWN	1:20.10
37 Morwood, Jay	M6	SZRWN	1:20.51
38 Zhong, Ethan	M9	SZRWN	NT
39 Somerville, Scarlett	W10	SZRWN	NT
40 South, Willa	W10	SZRWN	NT
41 Clabburn, Maya	W8	SZRWN	NT
42 Li, Mandy	W10	SZRWN	NT
43 Proudman, Mabel	W7	SZRWN	NT
44 Munro, Penny	W9	SZRWN	NT
45 Kim, Jamie	M8	SZRWN	NT
46 Owens, Jack	M12	SZRWN	NT
47 Nash, Rosie	W11	SZRWN	NT

Event 10 Mixed 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Proudman, Evelyn	W12	SZRWN	NT
2 Cumming, Zoe	W12	SZRWN	NT