

SZR Intro to Long Course - 14/03/2026

Meet Program

Event 1 Mixed 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 04:30 PM				
0				
1				
2	Wang, Welly	M11	SZRWN	NT
3	Saunders Dance, Campbell	M14	SZRWN	NT
4	Proudman, Evelyn	W12	SZRWN	2:55.02
5	Cumming, Zoe	W12	SZRWN	3:06.22
6	Prior, Manka	W10	SZRWN	NT

Event 2 Mixed 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 04:34 PM				
0	Zhong, Ethan	M9	SZRWN	NT
1	Munro, Penny	W9	SZRWN	NT
2	Willard, Emily	W9	SZRWN	NT
3	Falconer, Lottie	W9	SZRWN	NT
4	Somerville, Scarlett	W10	SZRWN	NT
5				
6				
Heat 2 of 3 Finals Starts at 04:35 PM				
0	Li, Mandy	W10	SZRWN	NT
1	Bancroft, Vivienne	W11	SZRWN	NT
2	Poskitt, Sophie	W13	SZRWN	NT
3	Harrison Potter, Victoria	W10	SZRWN	NT
4	South, Willa	W10	SZRWN	NT
5	Nijmeijer, Emily	W11	SZRWN	NT
6				
Heat 3 of 3 Finals Starts at 04:37 PM				
0	Wang, Welly	M11	SZRWN	58.10
1	Skinner, Mitchell	M10	SZRWN	58.32
2	Zuo, Jessie	W11	SZRWN	55.31
3	Wen, Joe	M12	SZRWN	44.85
4	Tan, Alex	M13	SZRWN	39.39
5	Tucker, Maximus	M10	SZRWN	44.47
6	Tan, Adam	M12	SZRWN	51.55

Event 3 Mixed 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 04:38 PM				
0				
1	Willard, Emily	W9	SZRWN	NT
2	Li, Mandy	W10	SZRWN	NT
3	Hawkins, Madi	W11	SZRWN	NT
4	Wright, Archie	M10	SZRWN	NT
5	Shaw, Tommy	M9	SZRWN	NT
6	Proudman, Hugo	M10	SZRWN	NT
Heat 2 of 3 Finals Starts at 04:40 PM				
0	McLay, Leela	W12	SZRWN	NT
1	Zuo, Phoebe	W13	SZRWN	NT
2	Ufferhardt, Dana	W14	SZRWN	NT
3	Owens, Jack	M12	SZRWN	NT
4	Bancroft, Vivienne	W11	SZRWN	1:31.84
5	Morwood, Theo	M10	SZRWN	1:40.12
6				

Heat 3 of 3 Finals Starts at 04:42 PM

0	Poskitt, Sophie	W13	SZRWN	1:28.52
1	Tucker, Maximus	M10	SZRWN	1:27.36
2	Chung, Ella	W11	SZRWN	1:23.94
3	Gee, Kora	W13	SZRWN	1:23.35
4	Slee, Tristan	M15	SZRWN	1:21.24
5	Packer, Baylee	M13	SZRWN	1:13.10
6	Tan, Alex	M13	SZRWN	1:19.22

Event 4 Mixed 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals Starts at 04:44 PM				
0	Tan, Ava	W8	SZRWN	NT
1	Huang, Reese	W8	SZRWN	1:24.11
2	Kim, Jamie	M8	SZRWN	NT
3	Hawkins, Madi	W11	SZRWN	NT
4	South, Willa	W10	SZRWN	NT
5	Harrison Potter, Victoria	W10	SZRWN	NT
6	Barlow, Karolina	W10	SZRWN	NT
Heat 2 of 4 Finals Starts at 04:46 PM				
0	Falconer, Lucia	W11	SZRWN	NT
1	Nash, Rosie	W11	SZRWN	NT
2	Nijmeijer, Emily	W11	SZRWN	NT
3	Stevenson, Ada	W10	SZRWN	1:03.51
4	Zhou, Samuel	M9	SZRWN	1:00.82
5	Wright, Archie	M10	SZRWN	1:03.14
6	Owens, Jack	M12	SZRWN	NT
Heat 3 of 4 Finals Starts at 04:48 PM				
0	Skinner, Mitchell	M10	SZRWN	1:00.18
1	Bancroft, Vivienne	W11	SZRWN	1:00.68
2	Zuo, Jessie	W11	SZRWN	58.30
3	Jacomb, Amy	W10	SZRWN	54.90
4	Slee, Teddy	M13	SZRWN	53.91
5	Tan, Adam	M12	SZRWN	54.10
6	Sun, Cici	W10	SZRWN	56.99
Heat 4 of 4 Finals Starts at 04:49 PM				
0	Tucker, Maximus	M10	SZRWN	51.58
1	Zhong, Ethan	M9	SZRWN	52.27
2	Wen, Joe	M12	SZRWN	51.19
3	Huang, Ryan	M11	SZRWN	49.56
4	Ufferhardt, Dana	W14	SZRWN	48.30
5	Tan, Alex	M13	SZRWN	48.67
6	Packer, Baylee	M13	SZRWN	51.07

Event 5 Mixed 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 04:51 PM				
0				
1				
2				
3				
4	Cumming, Zoe	W12	SZRWN	1:44.49
5	Wang, Welly	M11	SZRWN	NT
6				

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Event 6 Mixed 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals Starts at 04:53 PM

0	Morwood, Jay	M6	SZRWN	NT
1	Clabburn, Maya	W8	SZRWN	NT
2	Mahoney, Flynn	M9	SZRWN	1:32.50
3	Proudman, Mabel	W7	SZRWN	NT
4	Huang, Reese	W8	SZRWN	NT
5	Tan, Ava	W8	SZRWN	NT
6	Martin, Noah	M9	SZRWN	NT

Heat 2 of 5 Finals Starts at 04:55 PM

0	Ngaiorae, GionPaul	M9	SZRWN	NT
1	Zhong, Ethan	M9	SZRWN	NT
2	Harrison Potter, Victoria	W10	SZRWN	NT
3	Barlow, Karolina	W10	SZRWN	NT
4	Munro, Penny	W9	SZRWN	NT
5	Willard, Emily	W9	SZRWN	NT
6	South, Willa	W10	SZRWN	NT

Heat 3 of 5 Finals Starts at 04:57 PM

0	Somerville, Scarlett	W10	SZRWN	NT
1	Hawkins, Madi	W11	SZRWN	NT
2	Zuo, Phoebe	W13	SZRWN	NT
3	Tan, Sky	M11	SZRWN	NT
4	Nash, Rosie	W11	SZRWN	NT
5	Owens, Jack	M12	SZRWN	NT
6	Chung, Ella	W11	SZRWN	NT

Heat 4 of 5 Finals Starts at 04:58 PM

0				
1	Morwood, Taj	M8	SZRWN	1:05.03
2	Shaw, Tommy	M9	SZRWN	1:02.08
3	Zhou, Samuel	M9	SZRWN	1:00.71
4	Addley, Layney	W12	SZRWN	59.66
5	Proudman, Hugo	M10	SZRWN	55.54
6	Morwood, Theo	M10	SZRWN	58.36

Heat 5 of 5 Finals Starts at 05:00 PM

0	Bancroft, Vivienne	W11	SZRWN	54.37
1	Tan, Adam	M12	SZRWN	50.37
2	Nijmeijer, Emily	W11	SZRWN	47.85
3	Poskitt, Sophie	W13	SZRWN	47.84
4	Huang, Ryan	M11	SZRWN	45.99
5	Gee, Kora	W13	SZRWN	43.65
6	Wen, Joe	M12	SZRWN	44.76

Event 7 Mixed 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 05:02 PM

0				
1				
2				
3	Prior, Manka	W10	SZRWN	NT
4	Cumming, Zoe	W12	SZRWN	3:17.04
5	Proudman, Evelyn	W12	SZRWN	3:21.81
6	Saunders Dance, Campbell	M14	SZRWN	NT

Event 8 Mixed 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 05:06 PM

0				
1				
2				
3				
4	Wright, Archie	M10	SZRWN	NT
5	Ngaiorae, GionPaul	M9	SZRWN	NT
6	Skinner, Mitchell	M10	SZRWN	NT

Heat 2 of 2 Finals Starts at 05:08 PM

0	Zhou, Samuel	M9	SZRWN	NT
1				
2	Zuo, Phoebe	W13	SZRWN	NT
3	Slee, Tristan	M15	SZRWN	1:29.82
4	Zhong, Ethan	M9	SZRWN	1:56.43
5	Huang, Ryan	M11	SZRWN	2:00.77
6				

Event 9 Mixed 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals Starts at 05:10 PM

0	Mahoney, Flynn	M9	SZRWN	1:20.10
1	Morwood, Jay	M6	SZRWN	1:20.51
2	Clabburn, Maya	W8	SZRWN	NT
3	Proudman, Mabel	W7	SZRWN	NT
4	Zhong, Ethan	M9	SZRWN	NT
5	Kim, Jamie	M8	SZRWN	NT
6				

Heat 2 of 7 Finals Starts at 05:12 PM

0	Li, Mandy	W10	SZRWN	NT
1	Munro, Penny	W9	SZRWN	NT
2	Somerville, Scarlett	W10	SZRWN	NT
3	Owens, Jack	M12	SZRWN	NT
4	South, Willa	W10	SZRWN	NT
5	Nash, Rosie	W11	SZRWN	NT
6				

Heat 3 of 7 Finals Starts at 05:13 PM

0	Morwood, Taj	M8	SZRWN	1:01.01
1	Huang, Reese	W8	SZRWN	1:03.58
2	Ngaiorae, GionPaul	M9	SZRWN	58.96
3	Stevenson, Ada	W10	SZRWN	55.66
4	Tan, Ava	W8	SZRWN	53.56
5	Falconer, Lottie	W9	SZRWN	54.40
6	Martin, Noah	M9	SZRWN	56.84

Heat 4 of 7 Finals Starts at 05:15 PM

0	Shaw, Tommy	M9	SZRWN	51.78
1	Harrison Potter, Victoria	W10	SZRWN	53.39
2	Addley, Layney	W12	SZRWN	50.01
3	Zhou, Samuel	M9	SZRWN	48.84
4	Morwood, Theo	M10	SZRWN	44.99
5	Proudman, Hugo	M10	SZRWN	47.63
6	Falconer, Lucia	W11	SZRWN	49.05

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Heat 5 Finals (#9 Mixed 50 LC Meter Freestyle)

0	Hawkins, Madi	W11	SZRWN	44.34
1	Zuo, Jessie	W11	SZRWN	44.98
2	Slee, Teddy	M13	SZRWN	43.99
3	Tan, Adam	M12	SZRWN	42.84
4	Tan, Sky	M11	SZRWN	42.43
5	Bancroft, Vivienne	W11	SZRWN	42.49
6	Nijmeijer, Emily	W11	SZRWN	43.05

Heat 6 of 7 Finals Starts at 05:18 PM

0	Wang, Welly	M11	SZRWN	41.82
1	Wright, Archie	M10	SZRWN	42.35
2	Jacomb, Amy	W10	SZRWN	41.01
3	McLay, Leela	W12	SZRWN	40.82
4	Tucker, Maximus	M10	SZRWN	36.68
5	Poskitt, Sophie	W13	SZRWN	40.39
6	Sun, Cici	W10	SZRWN	40.82

Heat 7 of 7 Finals Starts at 05:19 PM

0	Chung, Ella	W11	SZRWN	36.51
1	Wen, Joe	M12	SZRWN	36.56
2	Gee, Kora	W13	SZRWN	36.24
3	Tan, Alex	M13	SZRWN	34.77
4	Saunders Dance, Campbell	M14	SZRWN	30.54
5	Packer, Baylee	M13	SZRWN	32.93
6	Ufferhardt, Dana	W14	SZRWN	35.87

Event 10 Mixed 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 05:20 PM

0				
1				
2				
3				
4	Cumming, Zoe	W12	SZRWN	NT
5	Proudman, Evelyn	W12	SZRWN	NT
6				